

Dig In!

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Sharratt<info@cban.ca><aname="eztoc2315_1" id="eztoc2315_1"><h2>Welcome to the Dig In!

Workshop on Food Sovereignty</h2><p>Let's find out what food sovereignty means for us in Canada and around the world.</p><div class="object-right"><div class="content-view-embeddedmedia"><div class="class-image"><div class="attribute-image"><p></p></div></div></div></div><aname="eztoc2316_1" id="eztoc2316_1"><h2>Workshop Activities</h2><aname="eztoc2316_2" id="eztoc2316_2"><h2>The "Tool Kit" has landed!

</h2><p>Want to run a workshop or use an activity in your community?</p>Click here to get to the TOOLKIT and check out the workshop activities!<p>Dig In! was a youth-led project (June 2008-

June 2009) that built a great participatory workshop on food sovereignty with and for people in communities across the country. The workshop activities are for everyone!

from young farmers to urban youth to members of the general public. And anyone can run a workshop.</p><p>What do we mean by food sovereignty??: Basically, putting control of food back in the hands and bellies of people.</p>Click here for a great handout on the 6 pillars of Food Sovereignty.<div class="object-left"><div class="content-view-embeddedmedia"><div class="class-image"><div class="attribute-image"><p></p></div></div></div></div><p>Checkout "Seeds of Love" and Dig In! interviews on Food Sovereigntyon our YouTube channel! We tested the workshop at the Food Secure National Conference Nov 12 in Ottawa - view the high-

stakes dating game where Farmer Shabaka must choose a seed for planting.</p><p>View the photo gallery from the Workshop Development Retreat where it all began!

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[=view&id=623&Itemid=1"target="_self">LaViaCampesina</p>](#)